MARCH ON FOR BRAIN INJURY
STATEWIDE MEDICAL HONOREE 2026

The Brain Injury Association of New York State is proud to recognize Dr. Paulinder Rai as the 2026 March On for Brain Injury Medical Honoree.

Statewide Medical Honoree

Dr. Paulinder Rai is a board-certified physician in Physical Medicine and Rehabilitation and the founder of The Rai Clinic - Physical Medicine & Rehabilitation of Long Island, a multi-location practice dedicated to restoring function, independence, and quality of life for individuals with complex neurological and musculoskeletal conditions. Dr. Rai is recognized for his commitment to advancing the care of individuals living with traumatic brain injury (TBI) and other neurologic impairments.

Dr. Rai's clinical focus spans the full continuum of neurorehabilitation—from acute recovery and post-hospital transition to long-term community reintegration. He works closely with TBI survivors facing cognitive, behavioral, functional, and physical challenges, helping them navigate recovery with a comprehensive, individualized approach. His care model emphasizes not only the patient's medical needs, but also the critical role of family and caregivers, fostering a truly patient- and family-centered environment.

Through his private practice, Dr. Rai has developed an interdisciplinary model of care that integrates medical management, physical rehabilitation, spasticity treatment, prosthetic and orthotic services, wound care, and functional restoration. His team collaborates across specialties to address the multifaceted needs of neurologic patients, ensuring continuity and coordination at every stage of recovery. This holistic, team-based approach allows for more effective outcomes and a higher level of personalized care.

Dr. Rai completed his medical training in Physical Medicine and Rehabilitation, where he developed a strong foundation in neurologic recovery, functional medicine, and rehabilitative science. He has continued to expand his expertise through ongoing education and clinical innovation, with particular interests in neurorecovery, spasticity management, and complex rehabilitation.

At the core of Dr. Rai's work is a belief that recovery after brain injury is not defined solely by physical healing, but by restoring dignity, independence, and purpose. His dedication to comprehensive, compassionate care continues to make a meaningful impact on patients, families, and the broader brain injury community across New York State.

Support Dr. Rai's March On Team, The Rai Clinic!

March On for Brain Injury is the Brain Injury Association of New York State's annual awareness and fundraising walk, supporting programs, education, advocacy, and resources for New Yorkers affected by brain injury.