In recognition of National Concussion Awareness Day, the Brain Injury Association of New York State’s Concussion Initiative Advisory Committee is hosting the panel discussion:

**How Many Concussions Are Too Many?**

Moderated by Benita Zahn, DPS, MS, CHWC, former Albany NBC affiliate news anchor and current Health and Wellness Coach with Capital Cardiology in the Capital District, panelists will include:

- Aimee Brunelle, MS, ATC, Athletic Trainer, South Colonie Central School District
- Harry Carson, Former NFL New York Giant, Football Hall of Famer and Concussion Advocate
- Shae Datta, MD, NYU Langone Hospital – Long Island
- Zac Hamilton, Former NCAA D1 Hockey Goalie at Colgate University, where he sustained a concussion, Medical Student and Headway Foundation Volunteer

Join us on September 14 at 6 pm for the live recording, which will then be released on National Concussion Day, September 17.

To learn more and to register, please visit bianys.org.

#NationalConcussionAwarenessDay
#ConcussionAwarenessNYS

The Brain Injury Association of New York State (BIANYS) is a statewide non-profit membership organization that advocates on behalf of people with brain injuries and their families. Established in 1982, BIANYS promotes prevention as well as provides education and community support services that lead to improved outcomes for children and adults with brain injuries.