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**Contact:**  
Christina Lebeau  
clebeau@bianys.org  
518-459-7911

## **How Many Concussions Are Too Many?**

***Join us on September 14 at 6 pm for the live recording of this webinar which will then be released on National Concussion Day, September 17***

Albany, NY – In recognition of National Concussion Awareness Day, the Brain Injury Association of New York State (BIANYS) Concussion Initiative is thrilled to host the panel discussion, How Many Concussions Are Too Many?

Moderated by Benita Zahn, DPS, MS, CHWC, former Albany NBC affiliate news anchor and current Health and Wellness Coach with Capital Cardiology in the Capital District, panelists will include:

- Aimee Brunelle, MS, ATC, Athletic Trainer, South Colonie Central School District
- Harry Carson, Former NFL New York Giant, Football Hall of Famer and Concussion Advocate
- Shae Datta, MD, NYU Langone Hospital – Long Island
- Zac Hamilton, Former NCAA D1 Hockey Goalie at Colgate University, where he sustained a concussion, Medical Student and Headway Foundation Volunteer

Every year, about 4,000 New York children age 19 and younger are treated at hospitals for sports-related traumatic brain injuries. A concussion is a type of traumatic brain injury caused by a bump, blow, or jolt to the head that can change the way the brain normally works.

“We are thrilled to have such an esteemed panel come together to discuss the important topic of ‘How Many Concussions Are Too Many?’. This distinguished panel will bring their experiences and expertise to this important conversation, providing insight and thoughtful examination of a subject they are all familiar with from different perspectives. BIANYS thrives to continue these dialogues and contribute to educating the public about concussion management and awareness,” said Dina Pagnotta, Co-Chair of the BIANYS Concussion Initiative.

BIANYS launched the Concussion Initiative Advisory Committee in 2017 as an interdisciplinary approach to issues related to concussion. Members include 40+ health care, education and advocacy professionals from across the state, all of whom share the goal of improving concussion education and care for all New Yorkers.

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#NationalConcussionAwarenessDay  
#ConcussionAwarenessNYS

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*The Brain Injury Association of New York State (BIANYS) is a statewide non-profit membership organization that advocates on behalf of people with brain injuries and their families. BIANYS provides education, advocacy and community support services that lead to improved outcomes. Please visit [bianys.org](http://bianys.org) for more information.*