



OFFICIAL
CHARITY PARTNER

tcs
NEW YORK CITY
MARATHON

For the tenth consecutive year, the Brain Injury Association of New York State is proud to be an Official Charity Partner of the TCS New York City Marathon. This partnership isn't just about miles—it's about mission. Each step our runners take supports brain injury survivors, caregivers, and professionals across New York State.

We're thrilled to introduce the inspiring individuals who make up the 2025 BIANYS Marathon Team. Each one running with purpose, passion, and heart. Meet the team and cheer them on as they race toward a stronger future for the brain injury community!



Alexa Casciano – *Delray Beach, FL*

I'm incredibly grateful for the opportunity to run the 2025 TCS New York City Marathon on behalf of the Brain Injury Association of New York State (BIANYS). This cause is deeply personal to me. At 16, I underwent emergency brain surgery due to Lemierre's Syndrome. I was fortunate to make a full recovery, but I know many others affected by brain injuries face lifelong challenges.

Running for BIANYS is my way of giving back and advocating for those living with brain injuries. Nearly seven years after my own battle, it's an honor to support their mission and raise awareness for this important cause. Support Alexa [here](#).



Paul Castello – *New Port Richey, FL*

I'm thrilled to be running my first marathon in support of the Brain Injury Association of New York State (BIANYS). I've seen colleagues suffer brain injuries and witnessed the profound impact on them and their families. I'm honored to raise awareness for BIANYS while advocating for individuals

with brain injuries and their loved ones. Support Paul [here](#).



Rylee Castello – *New Port Richey, FL*

This will be my second marathon, but my first time running the iconic TCS New York City Marathon. As a longtime advocate for the brain injury community, I'm proud to raise awareness and funds for the Brain Injury Association of New York State (BIANYS). I've always been inspired by the incredible impact of the New York City Marathon in supporting so many great causes, and I'm honored to contribute this year as part of the BIANYS team. Support Rylee [here](#).



Hank Gatti – *New Port Richey, FL*

I'm honored to be part of the BIANYS team as I train for the 2025 TCS NYC Marathon. Supporting the Brain Injury Association of New York State means providing crucial resources and advocacy for individuals affected by brain injuries. Every donation makes a difference, and I'm grateful for your support on this journey.

Together, we can raise awareness and make an impact for those who need it most. Support Hank [here](#).



Morgan Grant – Galena, OH

I'm a six-time marathoner, advocate, and mother whose life took an unexpected turn this past March when I was diagnosed with Chiari Malformation and Trigeminal Neuralgia, just weeks before running the 2025 Boston Marathon. Since brain decompression surgery in May, I have been navigating recovery while continuing to use my story to raise awareness about brain health, invisible illness, and the importance of adaptive spaces in athletics and everyday life.

As a passionate believer in resilience and community, I connect my experiences on and off the race course to my advocacy work, proving that healing is not about returning to who you once were, but about embracing strength in new forms. Through fundraising, public storytelling, and dedication to mental health, my goal is to empower others living with brain injuries to know they are not alone. Support Morgan [here](#).



Christian Longo – New York, NY

I'm excited to run my first TCS New York City Marathon, an event that has always been a source of excitement growing up in New York, but one I never imagined myself being part of.

In 2021, I experienced a life-threatening accident that resulted in a traumatic brain injury, changing my perspective on life. I spent months rehabbing, healing, and regaining control of my physical and mental abilities. After experiencing what it's like to have no control over my body, I feel it would be a disservice to now not use it to its fullest potential.

I am fortunate to be able to train for this race. I know that many others living with brain injuries don't have the same opportunity, which is why I'm honored to run for the Brain Injury Association of New York State (BIANYS). This marathon is my way of advocating for TBI survivors and furthering the mission of BIANYS. Support Christian [here](#).



Julia Longo – New York, NY

This will be my first marathon, and I couldn't be more excited to run it alongside my brother.

In 2021, during our senior year of college, he suffered a traumatic brain injury that left him in the ICU and rehab for a month. I watched him fight through months of recovery, slowly regaining his ability to speak, eat, and walk. Seeing his resilience firsthand gave me an even deeper appreciation for his fight, and the strength of both the mind and body.

Thanks to an incredible team of doctors and nurses, he had the support he needed every step of the way. With more research, greater knowledge, and increased resources, we can help others living with TBI navigate their own paths to recovery. It's an honor to run for the Brain Injury Association of New York State, alongside my best friend and one of the strongest people I know, to raise awareness for a cause that means so much to us. Support Julia [here](#).