


Every year, nearly 2 million children and teens experience concussions.  
Stay informed with the latest guidance.

# Concussion Outreach Prevention Education



 **March 13, 2025, 6:00 - 7:30 pm**

 **Massena High School**



**Massena High School**  
84 Nightengale Ave  
Massena, NY 13662

## PRESENTERS:



**Dino Angelopoulos, ATC**  
Adirondack Health



**Michelle Kellen, M.Ed.**  
Brain Injury Association  
of New York State



**Kalliopi K. Nestor, MD**  
Canton-Potsdam Hospital,  
Rochester Regional Health

CEUS are available.  
*All COPE sessions are provided at no cost.*  
Scan for more information and to register.



## Evidence Based Insights on Concussion Recovery Including:

- New Guidelines for Safe Return to Sports
- Helping Students Transition Back to Learning
- The Latest in Concussion Care and Management



**COPE**



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